

VISCERAL YOUTH PROGRAM					
ALL AGES ARE AS OF AUGUST 31					
<i>Students must be placed in Levels II-V, please contact us if you are unsure of your level placement, or attend our open house</i>					
36 Week Program Ending In A Recital					
2026-2027 Season Calendar					
MONDAYS					
STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 5	STUDIO 6
5:00-6:30 Teen Ballet I (Ages 12+)	4:30-5:30 Ballet I (Ages 7-9)	3:45-4:30 Creative Movement (Ages 3-4)	4:00-4:45 Pre Ballet (Ages 5-6)	4:30-5:15 Pre Hip Hop (Ages 4-6)	4:30-6:00 Ballet IV*** (Ages 13+)
	5:30-6:30 Jazz I (Ages 7-9)	4:30-5:30 Modern I (Ages 8-10)	5:00-6:30 Ballet V*** (Ages 13+)	5:30-6:15 Hip Hop I (Ages 9+)	
	6:30-7:45 Contemporary IV*** (Ages 11+)	5:30-6:30 Tap I (Ages 6-8)	6:30-7:45 Jazz V*** (Ages 13+)	6:15-7:00 Hip Hop II (Ages 9+)	
	7:45-8:45 Contemporary V*** (Ages 13+)	6:30-7:30 Teen Jazz I (Ages 12+)	7:45-8:45 Jazz IV*** (Ages 11+)		
TUESDAYS					
STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 5	STUDIO 6
	3:45-4:30 Pre Ballet (Ages 5-6)				
Ballet III** 4:30-6:00(Ages 9-12)	4:30-5:30 Ballet I (Ages 7-8)	4:45-5:30 Pre Hip Hop (Ages 5-6)	4:30-5:30 Ballet II* (Ages 8-10)	4:15-5:15 Hip Hop I/II (Ages 7-10)	
	5:30-6:30 Jazz I Ensemble (Ages 7-8)	5:30-6:30 Jazz I (Ages 7-8)	5:30-6:30 Modern II* (Ages 8-10)	5:15-6:15 Inside Out Varsity Rehearsals	
	6:30-7:30 Ensemble Rehearsal Minis	6:30-7:30 Tap II/III (Ages 9-14)	6:30-7:30 Modern III** (Ages 9-12)	6:15-7 Hip Hop III (Ages 10-14)	
	7:30-8:30 Junior Ensemble Rehearsal		7:30-8:30 Junior Ensemble Rehearsals		
WEDNESDAYS					
STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 5	STUDIO 6
		9-9:45am Creative Movement (Ages 2.5-4)			
		10-10:30am Move With Me (Ages 18 Months- 2.5)			
4:30-6:00 Ballet IV*** (Ages 11+)	4:30-6:00 Ballet II/III** (Ages 9-12)		4:30-6 Ballet V*** (Ages 13+)		
6-6:30 Ensemble Rehearsals Juniors/Int	6-8 Ensemble Rehearsal Junior/Int		6:00-9:15 Ensemble Rehearsal Int/Teens /Seniors	6-7:45 Ensemble Reharsal Int	
THURSDAYS					
STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 5	STUDIO 6
4:30-6 Ballet IV*** (Ages 11+)	4:30-5:45 Ballet II* (Ages 8-10)		4:30-5:45 Ballet III** (Ages 9-12)	4:30-5:30 Hip Hop II (Ages 8-10)	
6-6:30 Ponte I*** (Ages 12+)	5:45-6:45 Contemporary III** (Ages 9-12)	4:30-5:30 Teen Contemporary (Ages 12+)	5:45-7:15pm Ballet V*** (Ages 13+)	5:30-6:15 Breaking I/II (Ages 7-11)	
6:45-8:00 Contemporary IV*** (Ages 11+)	6:45-7:45 Jazz III** (Ages 9-12)	5:45-6:45 Jazz II (Ages 8-10)	7:15-7:45 Pointe II*** (Ages 13+)	6:15-7:15 Hip Hop IV/V (Ages 13+)	
8:00-9:15 Contemporary V*** (Ages 12+)	7:45-8:30 Ensemble Rehearsal (Ages 9-12)				
FRIDAYS					
STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 5	STUDIO 6
		9-9:45am Creative Movement (Ages 2.5-4)			
	4:45-6:00 Ballet I/II (Ages 9-12)				
	6:00-7:00 Jazz I/II (Ages 9-12)				
SATURDAYS					
STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	STUDIO 5	STUDIO 6
9:00-9:45 Pre Ballet I (Age 5) Julia	9:00-9:45 Creative Movement (Ages 3-4)		9-9:45 Pre Ballet II (Age 6)	9:00-10:00 Legends Crew*	
2:30-5 S/D/T	9:45-10:30 Pre Jazz (Ages 5-6)	9:45-10:30 Pre Hip Hop (Ages 5-6)	9:45-10:15 Creative Movement (Ages 2.5-3)	10:00-11:00 Elite Hip Hop Class Andrew Tamez-Hull	
	10:30-11 Move With Me (Ages 18 Months- 2.5)	10:30-11:15 Pre Hip Hop (Ages 5-6)	10:15-11:15 Ballet I (Ages 7-8)	11:00-12:00 Inside Out Elite Crew*	
	11-11:30 Creative Movement (Ages 2.5-3)	11:15-12:00 Hip Hop I (Ages 6-8)	11:15-12:30 Ballet II* (Ages 8-10)	12-1 Senior Elite Hip Hop Class	
	11:30-12:30 Jazz I (Ages 7-8)	12:00-12:45 Hip Hop II (Ages 9-12)	12:30-2:00 Ballet III/IV*** (Ages 9-12)	1-2:30 Inside Out Senior Elite Crew*	
	12:30-1:30 Jazz II* (Ages 8-10)	12:45-1:30 Petite Kaylee	2:00-3:00 Jazz III/IV*** (Ages 9-12)	2:30-5 Crew Additional Rehearsals	
	1:30-2:15 Mini Rehearsal	1:30-2:15 Tap I (Ages 6-8)	3:00-4:00 Contemporary III/IV*** (Ages 9-12)		
	2:15-5 S/D/T	2:15-4:15 Crew Rehearsals			
SUNDAYS					
11:30-1 Studio Company Ballet			11:30-1 Ballet IV/V*** (Ages 11+)	9-12 Crew Rehearsals	
VSC Rehearsals	1-4 Rehearsals Junior/Int/Teens		1-1:30 Pointe I/II - Not Included in unlimited rate		
			1:30-7:00pm Rehearsals		

**Must be enrolled in a minimum of two classes |
 ***Must be enrolled in 2 Ballet classes/week |
 ****Must be enrolled in 3 Ballet classes/week

AUDITION REQUIRED TO ENROLL

NON-RECITAL CLASS

Visceral's Youth Prgoram will be closed the following days:

Oct 31- Halloween- No Classes |
 Nov. 25-Nov 29-Thanksgiving Break |
 Dec 21-Jan 3 Winter Break |
 March 22-March 28-Spring Break |
 May 28-May 30-Memorial Day