

**Visceral Dance Chicago Pro Summer Intensive Example Schedule | 18+**

| <b>WEEK 1: Monday</b>                  | <b>Tuesday</b>                        | <b>Wednesday</b>                             | <b>Thursday</b>   | <b>Friday</b>                         |
|--|---------------------------------------|--|---|---------------------------------------|
| <b>10:00-11:30 am</b><br>Ballet        | <b>10:00-11:30 am</b><br>Contemporary | <b>10:00-11:30 am</b><br>Contemporary/Improv | <b>10:00-11:30 am</b><br>Ballet                                       | <b>10:00-11:30 am</b><br>Contemporary |
| <b>11:45 am-1:15 pm</b><br>Exploration | <b>11:45 am-1:15 pm</b><br>Rep 2      | <b>11:45 am-1:15 pm</b><br>Exploration       | <b>11:45 am-1:15 pm</b><br>Rep 2                                      | <b>11:45 am-1:15 pm</b><br>Creation 1 |
| <b>1:15-2:00 pm</b><br>Lunch           | <b>1:15-2:00 pm</b><br>Lunch          | <b>1:15-2:00 pm</b><br>Lunch                 | <b>1:15-2:00 pm</b><br><b>Lunch Discussion</b><br>with Company Dancer | <b>1:15-2:00 pm</b><br>Lunch          |
| <b>2:00-4:30 pm</b><br>Rep 1           | <b>2:00-4:30 pm</b><br>Creation 1     | <b>2:00-4:30 pm</b><br>Rep 1                 | <b>2:00-4:30 pm</b><br>Creation 1                                     | <b>2:00-4:30 pm</b><br>Review         |

| <b>WEEK 2: Monday</b>                  | <b>Tuesday</b>   | <b>Wednesday</b>                             | <b>Thursday</b>                   | <b>Friday</b>  |
|--|--|--|-----------------------------------|--|
| <b>10:00-11:30 am</b><br>Ballet        | <b>10:00-11:30 am</b><br>Contemporary  | <b>10:00-11:30 am</b><br>Contemporary/Improv | <b>10:00-11:30 am</b><br>Ballet   | <b>10:00-11:30 am</b><br>Contemporary                                  |
| <b>11:45 am-1:15 pm</b><br>Exploration | <b>11:45 am-1:15 pm</b><br>Rep 1   | <b>11:45 am-1:15 pm</b><br>Exploration       | <b>11:45 am-1:15 pm</b><br>Rep 1  | <b>11:45 am-1:15 pm</b><br>Creation 1                                  |
| <b>1:15-2:00 pm</b><br>Lunch           | <b>1:15-2:00 pm</b><br><b>Lunch Discussion</b><br>with Artistic Leaders of<br>Visceral Dance Chicago | <b>1:15-2:00 pm</b><br>Lunch                 | <b>1:15-2:00 pm</b>               | <b>1:15-2:00 pm</b><br>Lunch   |
| <b>2:00-4:30 pm</b><br>Rep 1           | <b>2:00-4:30 pm</b><br>Creation 1  | <b>2:00-4:30 pm</b><br>Rep                   | <b>2:00-4:30 pm</b><br>Creation 1 | <b>2:00-4:00 pm</b><br>Review<br><b>4:00-4:30 pm</b><br><b>SHOWING</b> |

| <b>WEEK 3: Monday</b>                  | <b>Tuesday</b>   | <b>Wednesday</b>                             | <b>Thursday</b>   | <b>Friday</b>  |
|--|--|--|---|--|
| <b>10:00-11:30 am</b><br>Ballet        | <b>10:00-11:30 am</b><br>Contemporary                                | <b>10:00-11:30 am</b><br>Contemporary/Improv | <b>10:00-11:30 am</b><br>Ballet                                       | <b>10:00-11:30 am</b><br>Contemporary                                  |
| <b>11:45 am-1:15 pm</b><br>Exploration | <b>11:45 am-1:15 pm</b><br>Creation 1                                | <b>11:45 am-1:15 pm</b><br>Exploration       | <b>11:45 am-1:15 pm</b><br>Creation 1                                 | <b>11:45 am-1:15 pm</b><br>Creation 3                                  |
| <b>1:15-2:00 pm</b><br>Lunch           | <b>1:15-2:00 pm</b><br><b>Lunch Discussion</b><br>With Choreographer | <b>1:15-2:00 pm</b><br>Lunch                 | <b>1:15-2:00 pm</b><br><b>Lunch Discussion</b><br>with Company Dancer | <b>1:15-2:00 pm</b><br>Lunch   |
| <b>2:00-4:30 pm</b><br>Creation 2      | <b>2:00-4:30 pm</b><br>Creation 3                                    | <b>2:00-4:30 pm</b><br>Creation 2            | <b>2:00-4:30 pm</b><br>Creation 3                                     | <b>2:00-4:00 pm</b><br>Review<br><b>4:00-4:30 pm</b><br><b>SHOWING</b> |